# Clinician Product Brief

**Designed in Australia and crafted in Japan, Svelte is a pull-up continence garment developed to support breathable comfort, mobility, discretion and routine daily wear in mobile and semi-mobile adults.**

### Purpose & audience

Svelte is a premium unisex pull-up style continence garment designed for women and men, primarily for routine daily wear in mobile and semi-mobile adults requiring discreet, underwear-like support.

It is designed to support comfort, garment stability and breathability during routine activities, including periods of movement, sitting and bending.

In clinical practice, it may support light overnight use when changed as required, depending on output, fit, skin condition and change routine. It is not intended for extended single-garment overnight wear or higher-volume overnight needs.

## Svelte at a glance

**Product**
Premium unisex pull-up continence underwear for women and men

**Designed for**
Mobile and semi-mobile adults seeking discreet, underwear-like absorbent support

**Routine use**
Daytime wear with possible light overnight use when changed as required

**Real-world working capacity**
Approx. 500 mL in both Medium and Large

**Sizes**
Medium: 75–130 cm waist/hip
Large: 100–140 cm waist/hip

**Key design features**
- Fully breathable construction through to the waist
- Soft, dermatologically tested topsheet
- Fast-absorbing core designed to draw in and disperse liquid
- Adaptive stretch waistband
- Raised, flexible leak guards with size-specific leg design
- Stable core-support construction
- Quiet, lower-bulk profile
- Side seams designed to remain secure during dressing and open deliberately at change time
- Made without PFAS, added fragrance or lotion and contains no natural rubber latex

## 1. Breathability, skin-contact materials and wear considerations

Svelte is designed with breathable construction, soft skin-contact materials and a pull-up fit intended to support comfort during routine wear.

For clinician-led evaluation, relevant observations may include heat build-up, moisture perception, garment fit, rewet feel, skin response and change routine. These observations should be considered alongside individual assessment, local care protocols and the person's existing continence management plan.

**Fully breathable microporous backsheet (continuous construction)**

Some pull-up designs rely primarily on breathable side panels. Svelte uses a single, continuous fully breathable microporous backsheet that extends from the absorbent zone through to the waist.
This construction is designed to support moisture vapour release across the garment, including around the waist, while the product remains designed for liquid containment during wear. During evaluation, clinicians may wish to observe thermal comfort, outer surface feel, waistband behaviour and garment stability during sitting, movement and routine wear.

**What clinicians may observe:**

- heat or humidity perception within the garment
- rewet feel during sitting, activity or compression
- marking, rubbing or pressure at the waist, groin or leg openings
- user comfort and tolerance during routine wear
- change timing in relation to output, sitting time and skin response

### Soft topsheet and skin-contact material considerations

The topsheet is designed for soft contact during wear. It is fragrance-free, lotion-free and not made with natural rubber latex.

*The topsheet material has been dermatologically tested for skin contact under controlled conditions.*

### Absorbency, rewet feel and odour management

Svelte is designed to support rapid liquid intake, even fluid distribution and practical absorbency during routine wear. Its **core construction** is intended to support a stable, comfortable pull-up profile during movement, sitting and position changes.

### Engineered absorbent core (intake & distribution)

The absorbent core is designed to draw in and disperse liquid quickly. During evaluation, clinicians may wish to observe whether fluid appears **localised or more evenly distributed through the core**, and whether the garment remains comfortable and stable after wetting, sitting and movement.

Observation points may include localised swelling, bunching, twisting, core collapse or changes in fit after wetting.

### Real-world working capacity (without unnecessary bulk)

Both Medium and Large are described using a real-world working capacity of approximately 500 mL.

This should be understood as a conservative, practical working-capacity measure rather than a maximum laboratory absorbency figure. In-use performance will vary depending on output, fit, movement, sitting time, compression and change routine.

### Rewet and drier-feel wear experience

Svelte is designed to help reduce rewet and support a drier-feel wear experience between changes.
During clinician evaluation, rewet feel may be observed during sitting, after activity and after larger voids, particularly where the garment is under compression.

### Odour management

Odour management is included as a secondary product support feature during wear.
During evaluation, clinicians may note odour perception at change and whether this differs from the person's current product or routine.

## 2. Fit & leak protection

Svelte is designed to support a **secure, adaptive fit** during movement, sitting, standing and bending. Its fit system combines raised leak guards, size-specific leg design and an adaptive waistband to support containment and comfort during routine wear.
Fit should be assessed in relation to **body shape, mobility, output, change routine** and preferred feel.

For male wearers, the balanced front fit is designed to allow anatomy to sit naturally while maintaining a close, discreet fit.

### 3D leak guards & adaptive leg seal (Medium)

In the Medium size, raised flexible leak guards with wider leg-gather construction are designed to support an adaptive leg seal during movement and position changes.
During fit review, clinicians may assess leg seal, leak guard positioning, comfort at the groin and thigh, and whether the garment remains secure after sitting, bending and walking.

### Leg design & comfort seal (Large)

In the Large size, the leg area is contoured to support comfort and fit for fuller thigh and hip profiles. This design prioritises pressure distribution and reduced friction in the groin and thigh area while supporting a secure fit during movement and sitting.
Clinicians may assess leg opening comfort, seal behaviour, marking, rubbing and garment stability after movement.

### Faecal considerations

Svelte is designed for urinary continence support and other absorbent needs including postpartum bleeding, depending on flow or output, fit and change routine. Where faecal leakage is part of a person's presentation, suitability should be considered in relation to the pattern and volume of leakage, fit, mobility and change routine.

For regular, unpredictable or higher-volume faecal incontinence, a tab-style brief or product specifically designed for bowel containment may be more appropriate, in line with clinician assessment and local continence protocols.

### Adaptive stretch waistband

The adaptive stretch waistband is designed to **flex with abdominal movement during sitting, bending and routine activity**. It supports a comfortable, secure feel without **unnecessary restriction** when correctly fitted.
During evaluation, clinicians may observe waistband rolling, pressure marks, comfort during sitting and whether the garment remains positioned after movement.

### Core stability (engineered core-support structure)

The garment includes internal core-support construction intended to help the absorbent core remain centred and stable during movement and sitting.
Clinicians may observe whether the core twists, bunches, collapses or shifts after wetting, compression or activity.

*(See Section 3: Engineered core-support structure.)*

### Comfort, discretion & design

Svelte is designed to support comfort, discretion and ease of movement during routine wear, including daytime use and light overnight use when changed as required.
Its lower-bulk, underwear-like profile is intended to support everyday routines, community participation and user acceptance without the bulk or stiffness some users associate with traditional higher-capacity products.

### Ultra-soft, low-rustle construction

The outer nonwoven layer is designed to feel soft and cloth-like, with a low-rustle construction intended to remain discreet during movement.
This may support user comfort and acceptance in everyday environments.

### Anatomically slim silhouette.

Svelte is shaped to support a slim, lower-bulk fit that feels closer to underwear than a traditional bulky continence product.

This may support:

- reduced bulk between the thighs
- ease of movement during walking, sitting and bending
- a more discreet profile under clothing

### Sensory-considerate design

The combination of **soft materials, quiet construction and a lower-bulk profile** may be preferred by some users who are **sensitive to texture, noise or bulk**. Clinicians may consider user tolerance, preference and sensory comfort as part of product review.

### Materials & responsible sourcing

Svelte is made with FSC®-certified pulp.
The product is made without PFAS, added fragrance or lotion and contains no natural rubber latex.

## 3. Engineered core-support structure (core stability)

Svelte includes internal core-support construction designed to help keep the absorbent core centred in the crotch and groin area during movement and sitting.

This feature may be relevant for clinicians assessing garment stability, core movement and fit reliability in mobile and semi-mobile adults, particularly where core shifting or bunching has been observed with other pull-up products.

Potential evaluation observations include:

- whether the core remains centred after movement and sitting
- whether twisting, bunching or collapse is observed
- whether localised swelling affects comfort or fit
- whether core movement appears to affect leg seal or leakage pattern

## 4. Sizes & fit

| Size | Waist / Hip Range | Real-world working capacity | Pack quantity |
|---|---|---|---|
| M | 75–130 cm | ~500 mL | 10 pieces |
| L | 100–140 cm | ~500 mL | 9 pieces |

Final size selection should be confirmed through clinical assessment and the Svelte Fit Check Guide, with consideration of waist and hip measurement, body shape, mobility, fit preference and comfort.

### Understanding working capacity

Working capacity is intended to reflect **practical in-use absorbency more closely than maximum static laboratory absorbency figures alone**. Svelte uses a **real-world working capacity of approximately 500 mL**. This figure should be understood as a conservative working guide rather than a maximum absorbency claim or fixed wear-time guarantee.

**In-use performance** will vary depending on void volume, frequency, fit, movement, sitting time, compression and change routine.

Where required for professional review, supporting technical method information can be provided to clinicians.

### Intended use

Svelte is designed for routine wear with regular changing, in line with individual continence needs and care routines. Svelte may also support light overnight use when changed as required, depending on output, fit, skin condition and change routine. It is not intended for extended single-garment overnight wear or higher-volume overnight needs.

## 5. Professional review considerations

Svelte may be considered for clinician-led product review where the adult user:

- is mobile or semi-mobile
- requires pull-up style absorbent support for urinary continence or other absorbent needs during routine wear
- prefers discreet, underwear-like support rather than a taped brief
- requires daytime support, with possible light overnight use when changed as required
- has found bulk, stiffness, noise, heat or fit uncomfortable in some other products
- may benefit from a soft, lower-bulk, breathable pull-up option as part of a broader continence management plan
- requires fit, rewet feel, core stability, comfort and user acceptance to be observed during routine wear

Product selection should remain guided by individual assessment, clinical judgement, local care protocols and the person's continence management needs.

## 6. Use limitations:

Svelte is generally not recommended as the sole product for:

- regular, unpredictable or higher-volume faecal incontinence
- bedbound or fully immobile adults requiring 24-hour high-dependency care
- extended, single-garment overnight wear
- higher-volume overnight needs where changes are not possible
- catheter-specific needs, wounds or clinical skin concerns requiring a clinician-directed product type

These needs may be better managed with a tab-style brief, bowel containment product, high-capacity overnight product or other specialist continence product, in line with clinician assessment and local protocols.

## 7. Why clinicians may consider Svelte for product evaluation

Svelte is designed in Australia and crafted in Japan. It brings together breathable construction, soft skin-contact materials, practical absorbency, adaptive fit and a discreet pull-up profile for clinician-led evaluation in mobile and semi-mobile adults.

Key professional review considerations include:

- **Breathable construction**
  Fully breathable construction through to the waist is intended to support airflow and moisture vapour release during wear. Clinicians may observe comfort, heat perception and outer surface feel as part of product review.
- **Practical absorbency and rewet feel**
  The absorbent core is designed to draw in and disperse liquid quickly. Svelte uses a real-world working capacity of approximately 500 mL and is designed to help reduce rewet and support a drier-feel wear experience between changes.
- **Stable, adaptive fit during movement**
  Size-specific leg design, an adaptive stretch waistband and internal core-support construction are designed to support fit and garment stability during movement, sitting and position changes.
- **Discreet, low-bulk profile**
  A slim, quiet, underwear-like silhouette may support user acceptance in community, work and social settings.
- **Material considerations**
  Svelte is made with FSC®-certified pulp. The product is made without PFAS, added fragrance or lotion and contains no natural rubber latex.

## Contact & clinical support

For clinical resources, product information, fit guidance or professional product enquiries:

**Clinician Hub:** getsvelte.com.au/professional-use/clinician-hub

**Email:** clinicians@getsvelte.com.au

For NDIS ordering, plan manager invoices or payment documentation, please use the Plan Manager / NDIS administrative pathway or contact:

**Email:** info@getsvelte.com.au

We welcome clinician feedback to support product evaluation, continence assessment discussions and appropriate product selection within clinician-led care.