

Svelte Care & Use Notes

Clinical reference for routine use, change planning and skin monitoring

Purpose

These notes support appropriate use, change planning and skin monitoring when Svelte is selected as part of a clinician-led continence care plan.

Product selection, change routines and skin care should remain guided by clinical judgement and individual assessment.

Intended use reminder

Svelte is designed for routine wear with regular changing, in line with individual continence needs and care routines.

It may support light overnight use when changed as required, depending on output, fit, skin condition and change routine. It is not intended for extended single-garment overnight wear or higher-volume overnight needs.

Change frequency

Change frequency should be individualised based on:

- Void volume and frequency
- Activity level and sitting time
- Skin condition and any clinician-identified IAD risk
- Environmental factors such as heat and humidity
- Carer availability and usual care routine

General considerations

- Change promptly after soiling.
- Avoid wear beyond individual comfort, tolerance or skin monitoring limits.
- Do not rely on absorbency capacity alone when determining change intervals.
- Consider routine checks during extended sitting periods or where the user has reduced sensation, communication or mobility.

Skin monitoring considerations

During routine changes, clinicians and carers may wish to observe for:

- Redness, irritation, or skin breakdown
- Excess moisture exposure or prolonged dampness
- Heat build-up or occlusion, particularly at the waist, groin and leg openings
- Marking, pressure, rubbing or discomfort from fit
- Reduced user tolerance or changes in usual comfort

Where skin integrity concerns are identified:

- Review change frequency
- Review product suitability
- Review cleansing and barrier product routine
- Follow local IAD and skin care protocols.
- Escalate for clinical review where concerns persist or worsen

Rewet and surface dryness

Surface dryness perception may vary depending on void pattern, compression, movement, sitting time and individual skin sensitivity.

Monitor rewet sensation during sitting, after activity and after larger voids, particularly where the garment is under compression.

Adjust change timing if surface wetness, discomfort or skin changes are observed.

Fit and positioning

- Confirm correct size using waist and hip range.
- Ensure the garment is positioned smoothly against the body.
- Check that waist, leg openings and absorbent core sit comfortably without folding, bunching or excessive pressure.
- Check fit during sitting, standing and movement.
- Reassess fit if leakage, bunching, rubbing, marking or discomfort is observed.

Use with other continence products

Svelte may be used as part of a split continence system, such as one product for daytime use and another for overnight use, where clinically appropriate.

Ease of donning and doffing may support routine care where assistance is required.

Svelte is not intended to replace high-capacity overnight, faecal incontinence, wound care, or specialist continence products where those are clinically indicated.

Important note

This document supports routine care and monitoring only. It does not replace individual assessment, clinical judgement, continence assessment, wound or skin assessment or local care protocols.

Clinical support:

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